

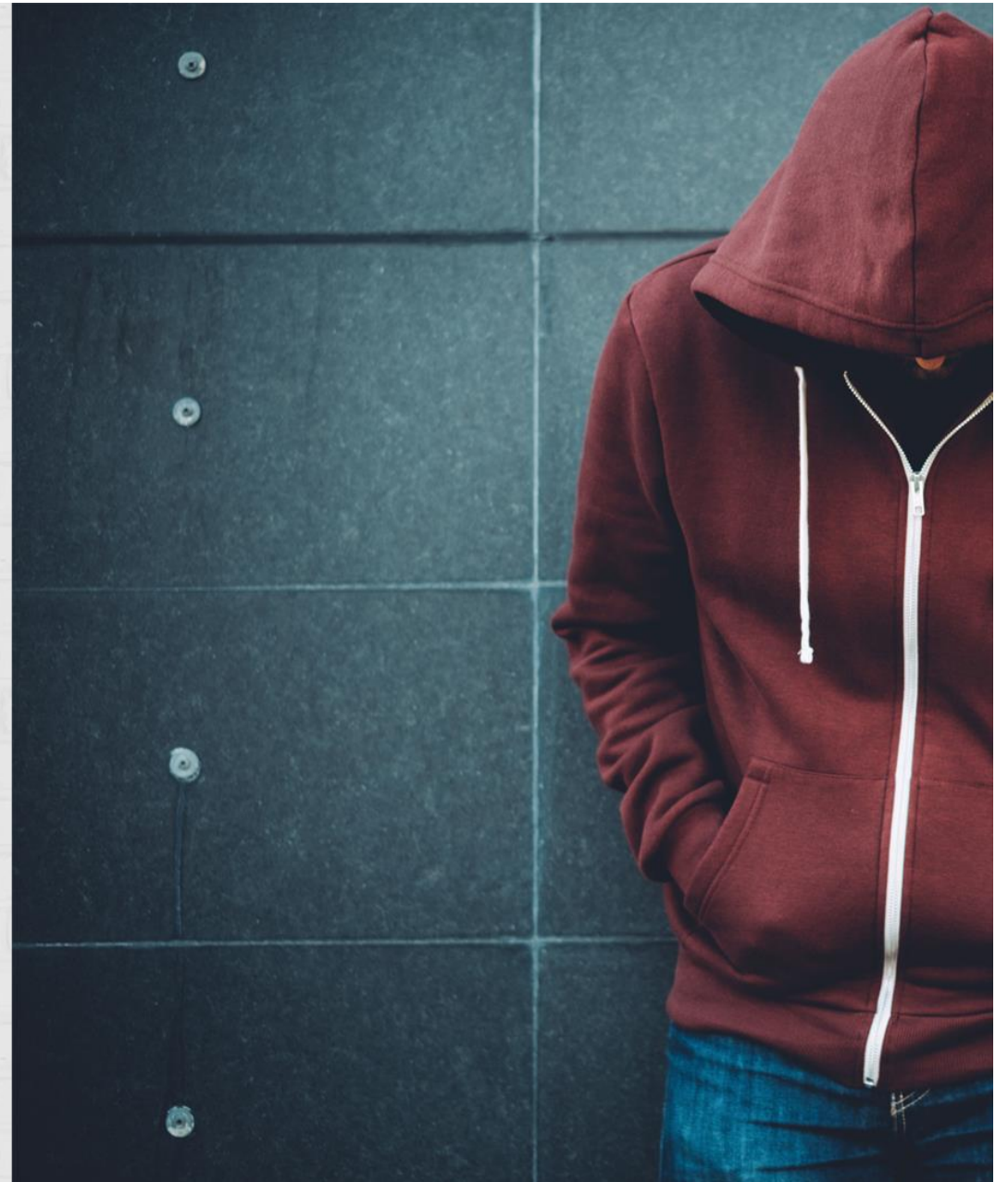
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LOOK FOR

WARNING SIGNS

SIGNALS AND THREATS

SAFE SAY
SOMETHING





WHAT IS A WARNING SIGN?

Thoughts, feelings and behaviors that **INDICATE** significant change and that an individual may be in **NEED OF HELP**

SAFE SAY
SOMETHING



WHAT IS A WARNING SIGN?

- Withdrawal from others
- Bullying or Hitting
- Negative Role Models
- Excessive Anger
- Impulsive intimidating
- Extreme mood changes
- Thoughts or plans of harming self or others
- Blames others for own failures
- Fear of riding the bus / going to school
- Will not forgive or forget the wrongs of other people
- Significant personality change
- Excessive feelings of isolation or rejection



WHAT IS A WARNING SIGNAL?

Gestures or ACTIONS that
transmit information
which can be either
OVERT or VAGUE in nature

SAFE SAY
SOMETHING



WHAT IS A WARNING SIGNAL?

- Give away possessions
- Fascination with suicide
- Rigid beliefs or ideologies
- Brag about access to guns
- Fascination with weapons
- Fascinated with school shootings
- Fascination and/or writings and drawings of death
- Recruit friend to join an attack
- Warn a friend to stay away from school or an event
- Bragging about an upcoming attack



WHAT IS A THREAT?

Any communication directly or through a third party which has the **intent to HARM** themselves or someone

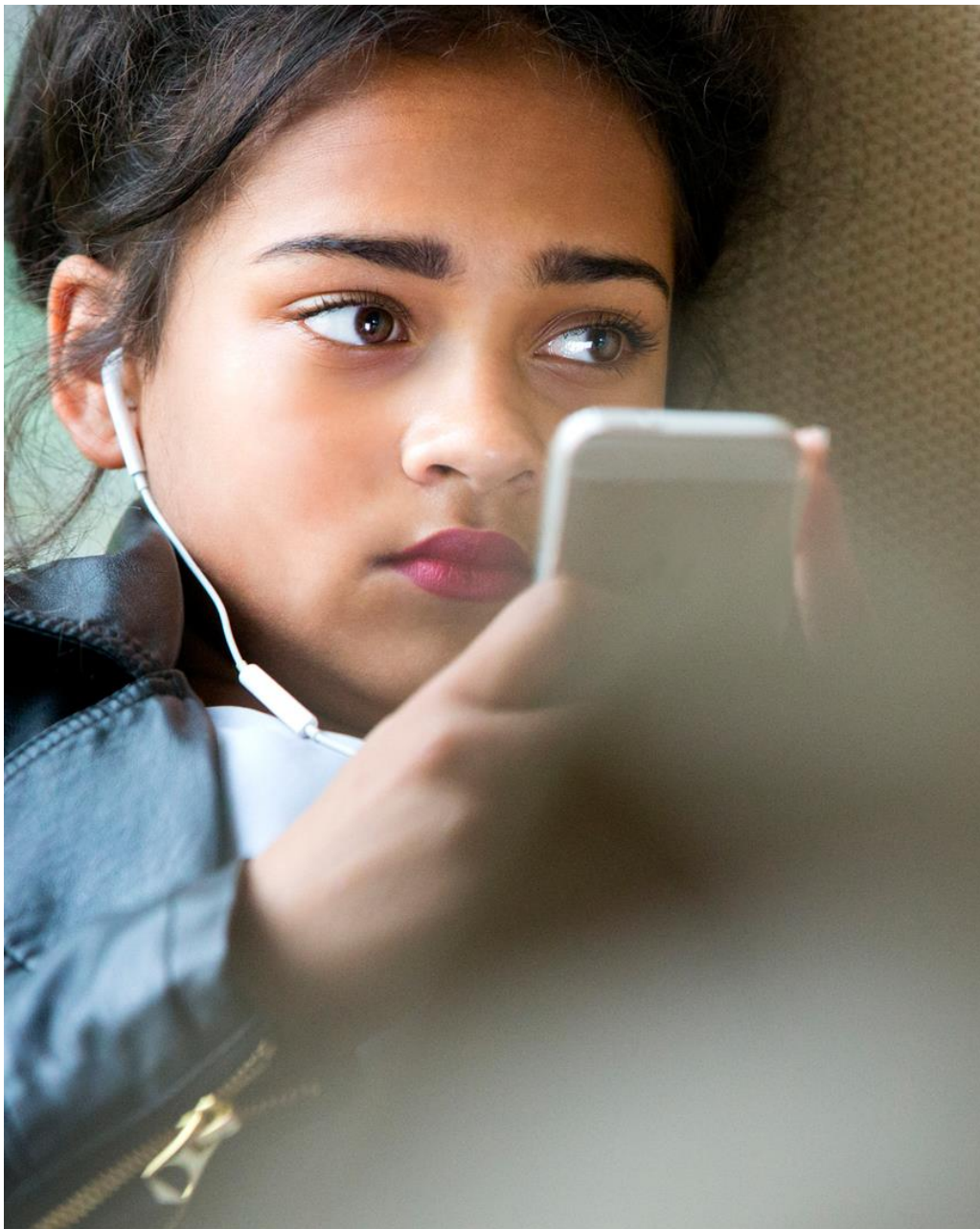
SAFE SAY
SOMETHING



WHAT IS A THREAT?

- "Somebody should do that here." (supporting violent act)
- "Someone should blow this place up."
- "Life isn't worth living."
- "I am going to take her and her friends out."
- "You'd be better off without me."
- "They will regret they ever met me."

**WHERE ARE WARNING SIGNS,
SIGNALS AND THREATS
FOUND?**



SOCIAL MEDIA

**is a PRIMARY SOURCE
of signs, signals and
threats, followed by
hallways, lunchrooms and
classrooms.**

SAFE SAY
SOMETHING

IN WHAT FORM ARE THEY FOUND?

- **SPOKEN**
- **PHOTOS**
- **VIDEOS**
- **WRITTEN**
- **GESTURES**
- **ACTIONS & BEHAVIORS**



IN WHAT FORM ARE THEY FOUND?

I'm off my meds and I've had enough. I AM BRINGING MY DADS AR15 TO SCHOOL TOMORROW AND KILLING ALL YOU WHO'VE BEEN CALLING ME

@J [redacted] someone needs to find you and assassinate you. like, seriously. you get off by f [redacted] up the truth. i should do it.

James Fyfeberg (Sharing) Aug 20
Tell me what your plan is.... You can't make a bond with anyone like the bond me and you have right now.... Tell me what your going to do....

James Fyfeberg (Sharing) Aug 20
Your not gonna like what happens next !!

James Fyfeberg (Sharing) Aug 20
Your gonna piss me off.... And then some shits gonna go down and I don't think you'll like it....

(No Subject)

July 13, 2013, 3:05 PM

I'm sorry to those who I offended over the years. I'm blind to see that I, as a human being, suck. I'm an individual who is doing an injustice to the world and it's time for me to leave. Please don't ever feel sorry for me, or cry - because I had an opportunity at life and that opportunity is over. I'm sorry that I wasn't able to love someone or have someone love me. I guess it's best though, because now I leave no pain onto anyone. The kids in school are right, I am a loser, a freak, and a fag and in no way is that acceptable for people to deal with. I'm sorry for not being a person that would make someone proud.

VALENCIA
HIGH SCHOOL

VALENCIA HIGH SCHOOL HAS
BEEN NOMINATED TO BE SHOT UP FIRST.



...will die Enjoy your fame on the news... Your life is very short sweetheart, this is your last week! Times up!



sergioo_doe, anthonyy_ca
yaboyplank TO THE PEOPLE WHO LIVE IN THE SCV AREA. THERE WILL BE A HUGE SHOOTING SOON AND ALOT

SAFE SAY
SOMETHING

IT'S NOT JUST ABOUT VIOLENCE AND SUICIDE.

YOU CAN ALSO HELP WITH OTHER PROBLEMS.

**X MAY HAVE
AN EATING
DISORDER**

**X SUBSTANCE
ABUSE OR
ADDICTION
PROBLEM**

**X BULLYING OR
BEING BULLIED**

**X MAY BE
A SEXUAL
PREDATOR/BEING
PREYED ON**

**X ABUSING OR
BEING ABUSED
(VERBALLY/
PHYSICALLY)**

SAFE SAY
SOMETHING

WHEN SHOULD YOU ACT?

WHEN YOU SEE, HEAR OR READ A
WARNING SIGN, SIGNAL OR
THREAT,

ACT IMMEDIATELY

AND SEEK HELP.



WHAT DELAYS ACTING IMMEDIATELY

- "We all spoke to him and he said he would never do that."
- "I thought someone else would tell someone."
- "I thought they would feel better tomorrow."
- "They are too young to hurt themselves or others."
- "He just wants attention. It's not real."
- "I would say something if it was a big enough deal."
- "I am waiting for the right moment to say something."
- "If he was going to do something, why would he announce it publicly?"

SAFE SAY
SOMETHING

ACT

IMMEDIATELY

TAKE IT SERIOUSLY!

- There is no "Entry Age"
- Let the experts assess the sign, signal or threat
- Individuals often announce their planned actions
- Be an up-stander, not a bystander

SAFE SAY
SOMETHING

