

Parent-Child Cell Phone Agreement

Congratulations! You have proven yourself responsible enough to receive your own cell phone. Just as we have to sign a contract with a cell phone provider and agree to their terms and conditions, in order to receive this cell phone, you too must agree to the following terms:

NOTE: A cell phone is a powerful device, but with great power comes great responsibility. This agreement is to ensure you use your device responsibly.

1. The phone belongs to the parental unit(s). I am allowed to use it, provided that I abide the terms below. If I do not do so, the phone will be taken away and I will have to earn it back.
2. I will always provide my parental unit(s) with the password for this phone and every app. I understand they will monitor my phone regularly, including text messages, videos and apps. If there is an issue, we will discuss it together.
3. I will always answer calls from my parents. If I miss a call/text from them, I will return it immediately.
4. I will give the phone to a parent or place it in the central charging location at ___ p.m. every school night and at ___ p.m. every weekend night, and will not get it back until ___ a.m.
5. I will not call or text people if I can talk to them in person. I will continue to live in the moment, not on my phone.
6. I will follow school rules about cell phones.
7. If something happens to my phone, I am responsible for the replacement costs or repairs. If anything happens to it in my possession, I am responsible. The same is true if a friend does something to it.
9. I will not speak ill of another human being, nor will I say/type/post anything that I would not say out loud to them or their parents. Any form of bullying or rude behavior will result in loss of the phone. If there is ever any doubt, I will not send/post/share it. I will always be kind: online, on my phone, in person.
10. I will not take a photo or video of someone else and post without their permission. I will follow the "Golden Rule 2.0 - Only post of others as I want posted about me and those that I care about."



11. I will keep my private parts private. I will not search/view/share anything I would not share at the dinner table or see on a billboard.

12. I will alert my parents when I receive suspicious or alarming phone calls or text messages from people I do not know. I will also alert my parents if I am being harassed by someone via my cell phone.

13. I will make an effort to learn phone and internet etiquette. I understand this is an extension of normal manners. I will not be disruptive in my cell phone use. If any adult asks me to stop talking or texting, I will. I will silence it at mealtimes (including at restaurants), the movies, or while speaking with another human being. I will be polite and respectful.

14. If I exceed the allotted minutes and messages, I am responsible for the charges.

15. I understand that my behavior on my phone can affect my reputation and that the internet is not written in pencil; it is written in ink. Even when having the ability to remove something after I post it or use self-deleting apps, I understand that they can easily be copied/saved/downloaded and can last forever. I know that what I do on the Internet is a representation of myself, and can impact my life today and well into the future. I will follow the "billboard rule of thumb" by not posting anything that I would not want on a billboard for all of my loved ones to see (including college recruiters, future employers, etc).

16. If I have a question about anything, ask a parental unit.

17. I will never text and drive nor will I allow anyone driving me to text and drive. I understand a distracted driver is not a safe driver. If I am in the car with a driver who is attempting to text and drive I will speak up.

18. If I make mistakes there will be consequences. It is my parental unit(s) job to help me be safe and responsible because they love me.

I understand that this phone is a privilege, not a right. I agree that I have read the following document and agree to the terms above. If at any time I violate one of these terms, I acknowledge that this phone may be taken away and I will have to earn it back.

Sign & Date:

Kid/Teen Signature: _____

Parental Unit(s) Signature(s): _____